



## Competent Crew Course Syllabus

(These are the subjects to be covered in the course. They are not the requirements for undertaking the course)

Subject	Details to be covered
Terminology	<ol style="list-style-type: none"> <li>1 Knowledge of terms used to describe parts of a yacht, rigging, sails, and equipment</li> <li>2 Understanding of terms used when underway and during the day to day running of the boat</li> </ol>
Sail handling	<ol style="list-style-type: none"> <li>1 Bending on, setting, reefing, furling, stowing and handling of sails</li> <li>2 Safe use of sheets, halyards and winches</li> </ol>
Rope work	<ol style="list-style-type: none"> <li>1 Handling, coiling, stowing rope</li> <li>2 Making fast to cleats and bollards, handling fenders</li> <li>3 Ability to tie a bowline, round turn and two half hitches, figure of eight, sheet bend and reef knot</li> </ol>
Safety	<ol style="list-style-type: none"> <li>1 Precautions necessary to prevent fire, use of fire blanket and extinguishers</li> <li>2 Precautions necessary when using and handling gas (LPG)</li> <li>3 Use and stowage of personal safety equipment, harness, lifejacket</li> <li>4 Knowledge of how, and when, to use liferaft, flares, VHF</li> </ol>
Courtesy to others	<ol style="list-style-type: none"> <li>1 Prevention of noise and disturbance in harbour</li> <li>2 Courtesy to other craft at sea and berthed alongside</li> <li>3 Ensigns, courtesy flags and burgees</li> </ol>
Helmsmanship and sailing	<ol style="list-style-type: none"> <li>1 Understanding of basic principles of sailing</li> <li>2 Steering and basic sail trim on all points of sailing</li> <li>3 Simple manoeuvres under power</li> <li>4 Maintain a course by compass, under both sail and power</li> </ol>
Rules of the road	<ol style="list-style-type: none"> <li>1 Importance of keeping a good lookout at sea</li> </ol>
Weather	<ol style="list-style-type: none"> <li>1 Awareness of the sources of sea forecasts</li> <li>2 Principles of the Beaufort scale</li> <li>3 Strong wind and gale warnings</li> </ol>
General duties	<ol style="list-style-type: none"> <li>1 Day to day running of cruising yacht</li> <li>2 Basic engine check for sufficient oil and water</li> </ol>